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# Hypocoercivity without changing the scalar product

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# Outline of the talk

- **Some hypocoercive dynamics**

- Langevin dynamics and its overdamped limit

- **Longtime convergence of overdamped Langevin dynamics**

- Poincaré inequalities
- Estimates on the asymptotic variance

- **Longtime convergence of “hypocoercive” ODEs**

- **Longtime convergence of Langevin dynamics**

- The need for a modified scalar product
- One  $L^2$ -hypocoercive approach for Langevin dynamics
- Direct estimates on the variance
- Space-time approaches

# Some hypocoercive dynamics

# Langevin dynamics (1)

Computation of **high-dimensional** integrals... **Ergodic averages**

$$\int_{\mathcal{E}} \varphi d\mu = \lim_{t \rightarrow +\infty} \hat{\varphi}_t, \quad \hat{\varphi}_t = \frac{1}{t} \int_0^t \varphi(q_s, p_s) ds$$

Almost-sure convergence      (Kliemann, *Ann. Probab.* 1987 )

- Positions  $q \in \mathcal{D} = (L\mathbb{T})^d$  or  $\mathbb{R}^d$ , momenta  $p \in \mathbb{R}^d$   
→ phase-space  $\mathcal{E} = \mathcal{D} \times \mathbb{R}^d$
- **Hamiltonian**  $H(q, p) = V(q) + \frac{1}{2} p^\top M^{-1} p$

Stochastic perturbation of the Hamiltonian dynamics (**friction**  $\gamma > 0$ )

$$\begin{cases} dq_t = M^{-1} p_t dt \\ dp_t = -\nabla V(q_t) dt - \gamma M^{-1} p_t dt + \sqrt{\frac{2\gamma}{\beta}} dW_t \end{cases}$$

## Langevin dynamics (2)

- Evolution semigroup  $(e^{t\mathcal{L}}\varphi)(q, p) = \mathbb{E} \left[ \varphi(q_t, p_t) \mid (q_0, p_0) = (q, p) \right]$
- Generator of the dynamics  $\mathcal{L}$   
$$\frac{d}{dt} \left( \mathbb{E} \left[ \varphi(q_t, p_t) \mid (q_0, p_0) = (q, p) \right] \right) = \mathbb{E} \left[ (\mathcal{L}\varphi)(q_t, p_t) \mid (q_0, p_0) = (q, p) \right]$$

Generator of the Langevin dynamics  $\mathcal{L} = \mathcal{L}_{\text{ham}} + \gamma \mathcal{L}_{\text{FD}}$

$$\mathcal{L}_{\text{ham}} = p^\top M^{-1} \nabla_q - \nabla V^\top \nabla_p, \quad \mathcal{L}_{\text{FD}} = -p^\top M^{-1} \nabla_p + \frac{1}{\beta} \Delta_p$$

- Existence and uniqueness of the invariant measure characterized by

$$\forall \varphi \in C_c^\infty(\mathcal{E}), \quad \int_{\mathcal{E}} \mathcal{L}\varphi \, d\mu = 0$$

- Here, **canonical measure**

$$\mu(dq \, dp) = Z^{-1} e^{-\beta H(q, p)} \, dq \, dp = \nu(dq) \, \kappa(dp)$$

# Fokker–Planck equations

- Evolution of the law  $\psi(t, q, p)$  of the process at time  $t \geq 0$

$$\frac{d}{dt} \left( \int_{\mathcal{E}} \varphi \psi(t) \right) = \int_{\mathcal{E}} (\mathcal{L}\varphi) \psi(t)$$

- Fokker–Planck equation (with  $\mathcal{L}^\dagger$  adjoint of  $\mathcal{L}$  on  $L^2(\mathcal{E})$ )

$$\partial_t \psi = \mathcal{L}^\dagger \psi$$

- It is convenient to work in  $L^2(\mu)$  with  $f(t) = \psi(t)/\mu$

- denote the adjoint of  $\mathcal{L}$  on  $L^2(\mu)$  by  $\mathcal{L}^*$

$$\mathcal{L}^* = -\mathcal{L}_{\text{ham}} + \gamma \mathcal{L}_{\text{FD}}, \quad \mathcal{L}_{\text{FD}} = -\frac{1}{\beta} \sum_{i=1}^d \partial_{p_i}^* \partial_{p_i}, \quad \mathcal{L}_{\text{ham}} = \frac{1}{\beta} \sum_{i=1}^d \partial_{p_i}^* \partial_{q_i} - \partial_{q_i}^* \partial_{p_i}$$

- Fokker–Planck equation  $\partial_t f = \mathcal{L}^* f$

Convergence results for  $e^{t\mathcal{L}}$  on  $L^2(\mu)$  very similar to the ones for  $e^{t\mathcal{L}^*}$

# Hamiltonian and overdamped limits

- As  $\gamma \rightarrow 0$ , the **Hamiltonian** dynamics is recovered

$$\frac{d}{dt} \mathbb{E}[H(q_t, p_t)] = -\gamma \left( \mathbb{E} \left[ p_t^\top M^{-2} p_t \right] - \frac{1}{\beta} \text{Tr}(M^{-1}) \right) dt$$

Time  $\sim \gamma^{-1}$  to change energy levels in this limit<sup>1</sup>

- **Overdamped** limit  $\gamma \rightarrow +\infty$  with  $M = \text{Id}$ : rescaling of time  $\gamma t$

$$\begin{aligned} q_{\gamma t} - q_0 &= -\frac{1}{\gamma} \int_0^{\gamma t} \nabla V(q_s) ds + \sqrt{\frac{2}{\gamma \beta}} W_{\gamma t} - \frac{1}{\gamma} (p_{\gamma t} - p_0) \\ &= - \int_0^t \nabla V(q_{\gamma s}) ds + \sqrt{2\beta^{-1}} B_t - \frac{1}{\gamma} (p_{\gamma t} - p_0) \end{aligned}$$

which converges to the solution of  $dQ_t = -\nabla V(Q_t) dt + \sqrt{2\beta^{-1}} dB_t$

- In both cases, **slow convergence**, with rate scaling as  $\min(\gamma, \gamma^{-1})$

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<sup>1</sup>Hairer and Pavliotis, *J. Stat. Phys.*, **131**(1), 175-202 (2008)

# Statistical error (1)

- **Asymptotic variance**  $\sigma_\varphi^2 = \lim_{t \rightarrow +\infty} t \operatorname{Var}_\mu(\hat{\varphi}_t)$ : with  $\Pi\varphi = \varphi - \int_{\mathcal{E}} \varphi d\mu$ ,

$$\begin{aligned}\sigma_\varphi^2 &= \lim_{t \rightarrow +\infty} \int_0^t \left(1 - \frac{s}{t}\right) \mathbb{E}_\mu [\Pi\varphi(q_t, p_t) \Pi\varphi(q_0, p_0)] ds \\ &= 2 \int_0^{+\infty} \int_{\mathcal{E}} (\mathrm{e}^{s\mathcal{L}} \Pi\varphi) \Pi\varphi d\mu ds = 2 \int_{\mathcal{E}} (-\mathcal{L}^{-1} \Pi\varphi) \Pi\varphi d\mu\end{aligned}$$

Well-defined provided  $-\mathcal{L}\Phi = \Pi\varphi$  has a solution in  $L_0^2(\mu) = \Pi L^2(\mu)$

A **Central Limit Theorem** holds<sup>2</sup> in this case: 
$$\boxed{\hat{\varphi}_t - \mathbb{E}_\mu(\varphi) \simeq \frac{\sigma_\varphi}{\sqrt{t}} \mathcal{G}}$$

- **Sufficient condition:** integrability of the semigroup, e.g.

$$\|\mathrm{e}^{t\mathcal{L}}\|_{\mathcal{B}(L_0^2(\mu))} \leqslant C \mathrm{e}^{-\lambda t}, \quad -\mathcal{L}^{-1} = \int_0^{+\infty} \mathrm{e}^{s\mathcal{L}} ds$$

**Question: dependence of  $\sigma_\varphi^2$  on friction  $\gamma$ , potential  $V$ , ...**

<sup>2</sup>R. N. Bhattacharya, *Z. Wahrsch. Verw. Gebiete* (1982)

## Statistical error (2)

Prove **exponential convergence** of the semigroup  $e^{t\mathcal{L}}$  on  $E \subset L_0^2(\mu)$

- Lyapunov techniques<sup>3</sup>  $L_{\mathcal{K}}^\infty(\mathcal{E}) = \left\{ \varphi \text{ measurable, } \sup \left| \frac{\varphi}{\mathcal{K}} \right| < +\infty \right\}$
- “historic” hypocoercive<sup>4</sup> setup  $H^1(\mu)$
- $L^2(\mu)$  after hypoelliptic regularization<sup>5</sup> from  $H^1(\mu)$
- direct transfer from  $H^1(\mu)$  to  $L^2(\mu)$  by spectral argument<sup>6</sup>
- directly<sup>7</sup>  $L^2(\mu)$  (recently<sup>8</sup> Poincaré using  $\partial_t - \mathcal{L}_{\text{ham}}$ )
- coupling arguments<sup>9</sup>
- direct estimates on the resolvent using Schur complements<sup>10</sup>

**Rate of convergence**  $\min(\gamma, \gamma^{-1})$  so **variance  $\sim \max(\gamma, \gamma^{-1})$**

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<sup>3</sup>Wu ('01); Mattingly/Stuart/Higham ('02); Rey-Bellet ('06); Hairer/Mattingly ('11)

<sup>4</sup>Villani (2009) and before Talay (2002), Eckmann/Hairer (2003), Hérau/Nier (2004),...

<sup>5</sup>Hérau, *J. Funct. Anal.* (2007)

<sup>6</sup>Deligiannidis/Paulin/Doucet, *Ann. Appl. Probab.* (2020)

<sup>7</sup>Hérau (2006), Dolbeault/Mouhot/Schmeiser (2009, 2015)

<sup>8</sup>Albritton/Armstrong/Mourrat/Novack (2019), Cao/Lu/Wang (2019), Brigatti (2021), Dietert/Hérau/Hutridurga/Mouhot (2022), Brigati/Stoltz (2023)

<sup>9</sup>Eberle/Guillin/Zimmer, *Ann. Probab.* (2019)

<sup>10</sup>Bernard/Fathi/Levitt/Stoltz, *Annales Henri Lebesgue* (2022)

# Convergence of overdamped Langevin dynamics

# Overdamped Langevin dynamics and its generator

- Generator of overdamped Langevin dynamics (advection/diffusion)

$$\mathcal{L}_{\text{ovd}} = -\nabla V(q) \cdot \nabla_q + \frac{1}{\beta} \Delta_q = -\frac{1}{\beta} \sum_{i=1}^d \partial_{q_i}^* \partial_{q_i}$$

hence self-adjoint on  $L^2(\nu)$  with  $\nu(dq) = Z_\nu^{-1} e^{-\beta V(q)} dq$

- Solution  $\varphi(t) = e^{t\mathcal{L}_{\text{ovd}}} \varphi_0$  to  $\partial_t \varphi(t) = \mathcal{L}_{\text{ovd}} \varphi(t)$ : mass preservation

$$\frac{d}{dt} \left( \int_{\mathcal{D}} \varphi(t) \nu \right) = \int_{\mathcal{D}} \mathcal{L}_{\text{ovd}} \varphi(t) \nu = \int_{\mathcal{D}} \varphi(t) (\mathcal{L}_{\text{ovd}} \mathbf{1}) \nu = 0$$

Suggests the longtime limit  $\varphi(t) \xrightarrow[t \rightarrow +\infty]{} \int_{\mathcal{D}} \varphi_0 d\nu = 0$  for  $\varphi_0 \in L_0^2(\nu)$

- Decay estimate

$$\frac{d}{dt} \left( \frac{1}{2} \|\varphi(t)\|_{L^2(\nu)}^2 \right) = \langle \mathcal{L}_{\text{ovd}} \varphi(t), \varphi(t) \rangle_{L^2(\nu)} = -\frac{1}{\beta} \|\nabla_q \varphi(t)\|_{L^2(\nu)}^2$$

# Poincaré inequality and convergence of the semigroup

- Assume that a Poincaré inequality holds:

$$\forall \phi \in H^1(\nu) \cap L_0^2(\nu), \quad \|\phi\|_{L^2(\nu)} \leq \frac{1}{K_\nu} \|\nabla_q \phi\|_{L^2(\nu)}$$

Various sufficient conditions ( $V$  uniformly convex, confining, etc)

## Exponential decay of the semigroup

$\nu$  satisfies a Poincaré inequality with constant  $K_\nu > 0$  if and only if

$$\|e^{t\mathcal{L}}\|_{\mathcal{B}(L_0^2(\nu))} \leq e^{-K_\nu^2 t / \beta}.$$

**Proof:** [Gronwall inequality](#)  $\frac{d}{dt} \left( \frac{1}{2} \|\varphi(t)\|_{L^2(\nu)}^2 \right) \leq -\frac{K_\nu^2}{\beta} \|\varphi(t)\|_{L^2(\nu)}^2$

## Several remarks:

- The prefactor for the exponential convergence is 1
- The convergence rate is *not degraded* (but is it improved?) when one adds an **antisymmetric part**  $\mathcal{A} = F \cdot \nabla$  to  $\mathcal{L}$  (with  $\operatorname{div}(F e^{-\beta V}) = 0$ )

# Longtime convergence of hypocoercive ODEs

# A paradigmatic example of hypocoercive ODE

- ODE  $\dot{X} = LX \in \mathbb{R}^2$  with (for  $\gamma > 0$ )

$$-L = A + \gamma S, \quad A = \begin{pmatrix} 0 & 1 \\ -1 & 0 \end{pmatrix}, \quad S = \begin{pmatrix} 0 & 0 \\ 0 & 1 \end{pmatrix}$$

- **Structure of  $-L$ :**

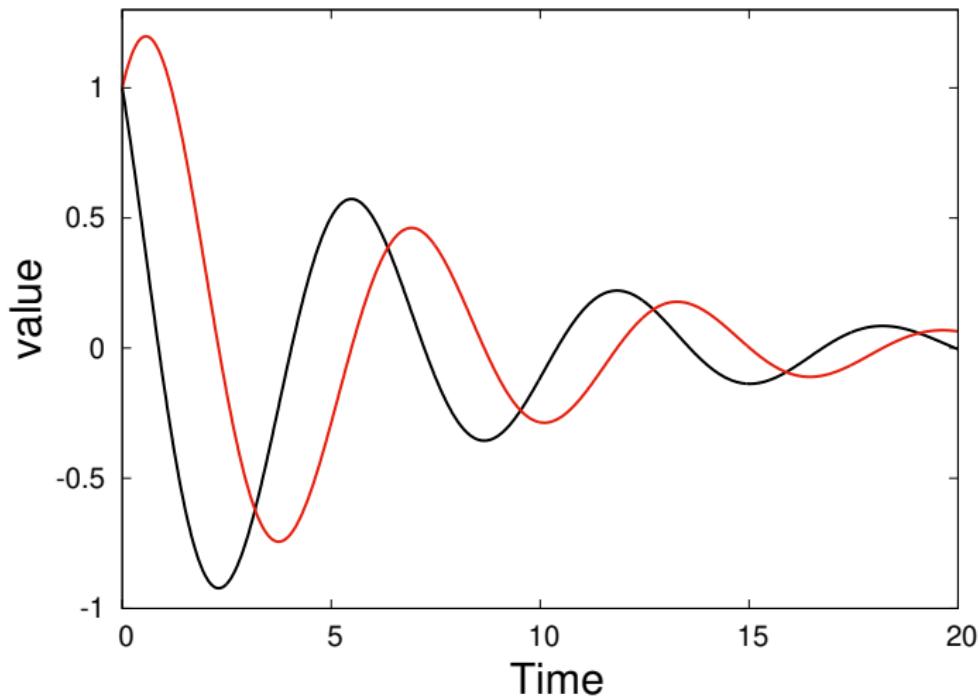
- **Degenerate** symmetric part  $S \geq 0$
- Antisymmetric part  $A$  coupling the kernel and the image of  $S$
- Smallest real part of eigenvalues (**spectral gap**) of order  $\min(\gamma, \gamma^{-1})$   
determinant 1, trace  $\gamma$ , so eigenvalues  $\lambda_{\pm} = \frac{\gamma}{2} \pm \left( \frac{\gamma^2}{4} - 1 \right)^{1/2}$

- **Longtime convergence of  $e^{tL}$ ?** Use  $e^{tL} = U^{-1} \begin{pmatrix} e^{-t\lambda_+} & 0 \\ 0 & e^{-t\lambda_-} \end{pmatrix} U$

Decay rate provided by the spectral gap  $\lambda = \min\{\operatorname{Re}(\lambda_-), \operatorname{Re}(\lambda_+)\}$

$$X(t) = e^{tL} X(0), \quad |X(t)| \leq C e^{-\lambda t} |X(0)|$$

# Longtime convergence of hypocoercive ODE: illustration



Values  $X_1(t), X_2(t)$  for  $X(0) = (1, 1)$  and  $\gamma = 0.5$

# Longtime convergence of this hypocoercive ODE (1)

- “Elliptic PDE way”:  $\frac{d}{dt} \left( \frac{1}{2} |X(t)|^2 \right) = -\gamma X(t)^\top S X(t) = -\gamma X_2(t)^2$

No dissipation in  $X_1 \dots$  cannot conclude that  $|X(t)|$  converges to 0...

- Change the scalar product with  $P$  positive definite:

$$|X|_P^2 = X^\top P X, \quad \frac{d}{dt} (|X(t)|_P^2) = X(t)^\top (PL + L^\top P) X(t)$$

- Fundamental idea: couple  $X_1$  and  $X_2$ . Start perturbatively:

$$P = \text{Id} - \varepsilon \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$$

$$\text{so that } -(PL + L^\top P) = 2\gamma PS + 2\varepsilon \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \sim 2 \begin{pmatrix} \varepsilon & 0 \\ 0 & \gamma \end{pmatrix}$$

This provides some (small...) dissipation in  $X_1$ !

## Longtime convergence of this hypocoercive ODE (2)

- Optimal choice<sup>11</sup> for  $P$ ? Think of " $L^\top P \geq \lambda P$ " and diagonalize  $L^\top$

$$P = a_- X_- \bar{X}_-^\top + a_+ X_+ \bar{X}_+^\top, \quad a_\pm > 0, \quad L^\top X_\pm = \lambda_\pm X_\pm$$

Then  $-(PL + L^\top P) \geq 2\lambda P$

- Therefore,  $|X(t)|_P^2 \leq e^{-2\lambda t} |X_0|_P^2$  (no prefactor here), and so, by equivalence of scalar products,

$$|X(t)| \leq \min \left( 1, C e^{-\lambda t} \right) |X_0|$$

### Decay rate given by spectral gap

- Prefactor  $C \geq 1$  really needed!

Exponential convergence with  $C = 1$  if and only if  $-L$  is coercive (i.e.  $-X^\top L X \geq \alpha |X|^2$  with  $\alpha > 0$ )

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<sup>11</sup>F. Achleitner, A. Arnold, and D. Stürzer, *Riv. Math. Univ. Parma*, 6(1):1–68, 2015.

# Convergence of Langevin dynamics

## Direct $L^2(\mu)$ approach: lack of coercivity

- The generator, considered on  $L^2(\mu)$ , is the sum of...

- a **degenerate** symmetric part  $\mathcal{L}_{\text{FD}} = -p^\top M^{-1} \nabla_p + \frac{1}{\beta} \Delta_p$
- an **antisymmetric** part  $\mathcal{L}_{\text{ham}} = p^\top M^{-1} \nabla_q - \nabla V^\top \nabla_p$

- Standard strategy for coercive generators:

$$\begin{aligned}\frac{d}{dt} \left( \|e^{t\mathcal{L}} \varphi\|_{L^2(\mu)}^2 \right) &= \langle e^{t\mathcal{L}} \varphi, \mathcal{L} e^{t\mathcal{L}} \varphi \rangle_{L^2(\mu)} = \langle e^{t\mathcal{L}} \varphi, \mathcal{L}_{\text{FD}} e^{t\mathcal{L}} \varphi \rangle_{L^2(\mu)} \\ &= -\frac{1}{\beta} \|\nabla_p e^{t\mathcal{L}} \varphi\|_{L^2(\mu)}^2 \leq 0,\end{aligned}$$

but no control of  $\|\phi\|_{L^2(\mu)}$  by  $\|\nabla_p \phi\|_{L^2(\mu)}$  for a Gronwall estimate...

### Two options:

- change of scalar product** (use antisymmetric part)
- average in time** (dissipation vanishes only exceptionally)

## Almost direct $L^2(\mu)$ approach: convergence result

- Assume that the potential  $V$  is **smooth** and<sup>12,13</sup>

- the marginal measure  $\nu$  satisfies a **Poincaré** inequality

$$\|\varphi - \nu(\varphi)\|_{L^2(\nu)} \leq \frac{1}{K_\nu} \|\nabla_q \varphi\|_{L^2(\nu)}$$

- there exist  $c_1 > 0$ ,  $c_2 \in [0, 1)$  and  $c_3 > 0$  such that  $V$  satisfies

$$\Delta V \leq c_1 + \frac{c_2}{2} |\nabla V|^2, \quad |\nabla^2 V| \leq c_3 (1 + |\nabla V|)$$

There exist  $C > 0$  and  $\lambda_\gamma > 0$  such that, for any  $\varphi \in L_0^2(\mu)$ ,

$$\forall t \geq 0, \quad \|e^{t\mathcal{L}}\varphi\|_{L^2(\mu)} \leq C e^{-\lambda_\gamma t} \|\varphi\|_{L^2(\mu)}$$

with convergence rate of order  $\min(\gamma, \gamma^{-1})$ : there is  $\bar{\lambda} > 0$  for which

$$\lambda_\gamma \geq \bar{\lambda} \min(\gamma, \gamma^{-1})$$

<sup>12</sup>Dolbeault, Mouhot and Schmeiser, *C. R. Math. Acad. Sci. Paris* (2009)

<sup>13</sup>Dolbeault, Mouhot and Schmeiser, *Trans. AMS*, **367**, 3807–3828 (2015)

## Sketch of proof (1)

- Change of scalar product to use the antisymmetric part  $\mathcal{L}_{\text{ham}}$ :
  - bilinear form  $\mathcal{H}[\varphi] = \frac{1}{2}\|\varphi\|_{L^2(\mu)}^2 - \varepsilon \langle R\varphi, \varphi \rangle$  with<sup>14</sup>
$$R = \left(1 + (\mathcal{L}_{\text{ham}}\Pi_p)^*(\mathcal{L}_{\text{ham}}\Pi_p)\right)^{-1}(\mathcal{L}_{\text{ham}}\Pi_p)^*, \quad \Pi_p\varphi = \int_{p \in \mathbb{R}^d} \varphi d\kappa$$
  - $R = \Pi_p R (1 - \Pi_p)$  and  $\mathcal{L}_{\text{ham}} R$  are bounded
  - modified square norm  $\mathcal{H} \sim \|\cdot\|_{L^2(\mu)}^2$  for  $\varepsilon \in (-1, 1)$
  - Approach not fully quantitative (**optimize scalar product**, here  $\varepsilon$ )
- Interest:  $(\mathcal{L}_{\text{ham}}\Pi_p)^*(\mathcal{L}_{\text{ham}}\Pi_p) = \beta^{-1}\nabla_q^*\nabla_q$  coercive in  $q$ , and
$$R\mathcal{L}_{\text{ham}}\Pi_p = \frac{(\mathcal{L}_{\text{ham}}\Pi_p)^*(\mathcal{L}_{\text{ham}}\Pi_p)}{1 + (\mathcal{L}_{\text{ham}}\Pi_p)^*(\mathcal{L}_{\text{ham}}\Pi_p)}$$

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<sup>14</sup>Hérau (2006), Dolbeault/Mouhot/Schmeiser (2009, 2015), ...

## Sketch of proof (2)

- Recall Poincaré inequalities:  $\nabla_p^* \nabla_p \geq K_\kappa^2 (1 - \Pi_p)$  and  $\nabla_q^* \nabla_q \geq K_\nu^2 \Pi_p$

Coercivity in the scalar product  $\langle\langle \cdot, \cdot \rangle\rangle$  induced by  $\mathcal{H}$

$$\mathcal{D}[\varphi] := \langle\langle -\mathcal{L}\varphi, \varphi \rangle\rangle \geq \lambda \|\varphi\|^2$$

- Upon controlling the remainder terms (some **elliptic estimates**)

$$\begin{aligned}\mathcal{D}[\varphi] &= \gamma \langle -\mathcal{L}_{\text{FD}}\varphi, \varphi \rangle + \varepsilon \langle R\mathcal{L}_{\text{ham}}\Pi_p\varphi, \varphi \rangle + O(\gamma\varepsilon) \\ &= \frac{\gamma}{\beta} \|\nabla_p \varphi\|_{L^2(\mu)}^2 + \varepsilon \left\langle \frac{\nabla_q^* \nabla_q}{\beta + \nabla_q^* \nabla_q} \Pi_p \varphi, \Pi_p \varphi \right\rangle + O(\gamma\varepsilon) \\ &\geq \frac{\gamma K_\kappa^2}{\beta} \|(1 - \Pi_p)\varphi\|_{L^2(\mu)}^2 + \frac{\varepsilon K_\nu^2}{\beta + K_\nu^2} \|\Pi_p \varphi\|_{L^2(\mu)}^2 + O(\gamma\varepsilon)\end{aligned}$$

- Gronwall inequality  $\frac{d}{dt} (\mathcal{H} [e^{t\mathcal{L}}\varphi]) = -\mathcal{D} [e^{t\mathcal{L}}\varphi] \leq -\frac{2\lambda}{1+\varepsilon} \mathcal{H} [e^{t\mathcal{L}}\varphi]$

# Obtaining directly bounds on the resolvent (1)

“Saddle-point like” structure<sup>15</sup> for typical hypocoercive operators on  $L_0^2(\mu)$

$$\mathcal{L} = \begin{pmatrix} 0 & \mathcal{A}_{0+} \\ \mathcal{A}_{+0} & \mathcal{L}_{++} \end{pmatrix}, \quad \mathcal{H} = \mathcal{H}_0 \oplus \mathcal{H}_+, \quad \mathcal{H}_0 = \Pi_p \mathcal{H}, \quad \mathcal{A} = \mathcal{L}_{\text{ham}}$$

Formal inverse with Schur complement  $\mathfrak{S}_0 = \mathcal{A}_{+0}^* \mathcal{L}_{++}^{-1} \mathcal{A}_{+0}$

$$\mathcal{L}^{-1} = \begin{pmatrix} \mathfrak{S}_0^{-1} & -\mathfrak{S}_0^{-1} \mathcal{A}_{0+} \mathcal{L}_{++}^{-1} \\ -\mathcal{L}_{++}^{-1} \mathcal{A}_{+0} \mathfrak{S}_0^{-1} & \mathcal{L}_{++}^{-1} + \mathcal{L}_{++}^{-1} \mathcal{A}_{+0} \mathfrak{S}_0^{-1} \mathcal{A}_{0+} \mathcal{L}_{++}^{-1} \end{pmatrix}$$

**Invertibility of  $\mathfrak{S}_0$  is the crucial element:** two ingredients

- $-\frac{1}{2}(\mathcal{L} + \mathcal{L}^*) \geq s\Pi_+ = s(1 - \Pi_p)$  (Poincaré on  $\kappa(dp)$  for Langevin)
- “macroscopic coercivity”  $\|\mathcal{A}_{+0}\varphi\|_{L^2(\mu)} \geq a\|\Pi_p\varphi\|_{L^2(\mu)}$   
Amounts to  $\mathcal{A}_{+0}^* \mathcal{A}_{+0} \geq a^2 \Pi_p$   
Guaranteed here by a Poincaré inequality for  $\nu(dq)$ , with  $a^2 = K_\nu^2/\beta$

<sup>15</sup>E. Bernard, M. Fathi, A. Levitt and G. Stoltz, *Annales Henri Lebesgue* (2022)

## Obtaining directly bounds on the resolvent (2)

- Further decompose  $\mathcal{L}$  using  $\Pi_1 = \mathcal{A}_{+0} (\mathcal{A}_{+0}^* \mathcal{A}_{+0})^{-1} \mathcal{A}_{+0}^*$

$$\mathcal{L} = \begin{pmatrix} 0 & \mathcal{A}_{01} & 0 \\ \mathcal{A}_{10} & \mathcal{L}_{11} & \mathcal{L}_{12} \\ 0 & \mathcal{L}_{21} & \mathcal{L}_{22} \end{pmatrix}, \quad \mathcal{A}_{01} = -\mathcal{A}_{10}^*.$$

- Additional technical assumptions ( $\mathcal{S} = \gamma \mathcal{L}_{\text{FD}}$  symmetric part):
  - There exists an involution  $\mathcal{R}$  (e.g. momentum flip) on  $\mathcal{H}$  such that

$$\mathcal{R}\Pi_0 = \Pi_0\mathcal{R} = \Pi_0, \quad \mathcal{R}\mathcal{S}\mathcal{R} = \mathcal{S}, \quad \mathcal{R}\mathcal{A}\mathcal{R} = -\mathcal{A}$$

- The operators  $\mathcal{S}_{11}$  and  $\mathcal{L}_{21}\mathcal{A}_{10}(\mathcal{A}_{+0}^*\mathcal{A}_{+0})^{-1}$  are bounded

### Abstract resolvent estimates

$$\|\mathcal{L}^{-1}\| \leq 2 \left( \frac{\|\mathcal{S}_{11}\|}{a^2} + \frac{\|\mathcal{R}_{22}\| \|\mathcal{L}_{21}\mathcal{A}_{10}(\mathcal{A}_{+0}^*\mathcal{A}_{+0})^{-1}\|^2}{s} \right) + \frac{3}{s}$$

## Scaling with the friction and the dimension

- Final estimate for Fokker–Planck operators: scaling  $\max(\gamma, \gamma^{-1})$

$$\|\mathcal{L}^{-1}\|_{\mathcal{B}(L_0^2(\mu))} \leq \frac{2\beta\gamma}{K_\nu^2} + \frac{4}{\gamma} \left( \frac{3}{4} + \left\| \Pi_+ \mathcal{L}_{\text{ham}}^2 \Pi_p (\mathcal{A}_{+0}^* \mathcal{A}_{+0})^{-1} \right\|^2 \right)$$

- Estimate  $2(C + C' K_\nu^{-2})$  for squared operator norm on r.h.s.

- $C = 1$  and  $C' = 0$  when  $V$  is convex;
- $C = 1$  and  $C' = K$  when  $\nabla_q^2 V \geq -K \text{Id}$  for some  $K \geq 0$ ;
- $C = 2$  and  $C' = O(\sqrt{d})$  when  $\Delta V \leq c_1 d + \frac{c_2 \beta}{2} |\nabla V|^2$  (with  $c_2 \leq 1$ )

and  $|\nabla^2 V|^2 \leq c_3^2 (d + |\nabla V|^2)$

- Better scaling  $C' = O(\log d)$  when logarithmic Sobolev inequality and

$$\forall x \in \mathbb{R}^d, \quad \|\nabla^2 V(q)\|_{\mathcal{B}(\ell^2)} \leq c_3 (1 + |\nabla V(q)|_\infty)$$

# Space-time approaches

Average decay<sup>16</sup> over  $[t, t + \tau]$  for  $\tau > 0$ : with  $U_\tau(dt) = \mathbf{1}_{[0,\tau]}(s) \frac{dt}{\tau}$ ,

$$\frac{d}{dt} \left( \int_0^\tau \|f(t+s, \cdot, \cdot)\|_{L^2(\mu)}^2 U_\tau(ds) \right) \leq -2\gamma \int_0^\tau \|\nabla_p f(t+s, \cdot, \cdot)\|_{L^2(\mu)}^2 U_\tau(ds)$$

- For  $h(t) = e^{t\mathcal{L}} h_0$ , control dissipation with full space-time antisymmetric part

$$\|(\partial_t - \mathcal{L}_{\text{ham}})h\|_{L^2(U_\tau \otimes \nu; H^{-1}(\kappa))} \leq \gamma \|\nabla_p h\|_{L^2(U_\tau \otimes \mu)}$$

- Space-time-velocity Poincaré inequality ( $\mu(h) = 0$ )

$$\begin{aligned} \bar{\lambda} \|h\|_{L^2(U_\tau \otimes \mu)}^2 &\leq \|(\partial_t - \mathcal{L}_{\text{ham}})h\|_{L^2(U_\tau \otimes \nu; H^{-1}(\kappa))}^2 + \|(\text{Id} - \Pi_p)h\|_{L^2(U_\tau \otimes \mu)}^2 \\ &\leq \|(\partial_t - \mathcal{L}_{\text{ham}})h\|_{L^2(U_\tau \otimes \nu; H^{-1}(\kappa))}^2 + \frac{1}{K_\kappa} \|\nabla_p h\|_{L^2(U_\tau \otimes \mu)}^2 \end{aligned}$$

Combination leads to exponential convergence through Gronwall estimate  
**(explicit constants:** scaling in  $\gamma$ ,  $\tau$ , dimension, Poincaré constants, etc.)

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<sup>16</sup>G. Brigati and G. Stoltz, *SIAM J. Math. Anal.* (2025)

# Space-time-velocity Poincaré inequality

**Aim:** sufficient to control  $\Pi_p h \rightarrow$  space-time functions (no velocity)

**Two key ingredients:** a Poincaré–Lions inequality

$$\left\| g - \iint_{[0,\tau] \times \mathcal{D}} g(t, q) \mathbf{U}_\tau(dt) \nu(dq) \right\|_{L^2(\mathbf{U}_\tau \otimes \nu)}^2 \leq C_\tau^{\text{Lions}} \|\nabla_{t,q} g\|_{H^{-1}(\mathbf{U}_\tau \otimes \nu)}^2$$

and an averaging result

$$\|\nabla_{t,q} \Pi_p h\|_{H^{-1}}^2 \leq K_{\text{avg}} \left( \|(\text{Id} - \Pi_p)h\|_{L^2}^2 + \|(\partial_t - \mathcal{L}_{\text{ham}})h\|_{L^2(\mathbf{U}_\tau \otimes \nu, H^{-1}(\kappa))}^2 \right)$$

Directly leads to  $\bar{\lambda} = \frac{1}{1 + C_\tau^{\text{Lions}} K_{\text{avg}}}$

Same conditions on  $V$  as DMS approach

## Averaging lemma

Based on identities such as ( $z = z(t, q)$ )

$$\begin{aligned} \int_0^\tau \int_{\mathcal{D}} (\partial_t \Pi_p h) z \, dU_\tau \, d\mu &= \int_0^\tau \int_{\mathcal{D}} \int_{\mathbb{R}^3} [(\partial_t - \mathcal{L}_{\text{ham}}) \Pi_p h] z \, dU_\tau \, d\nu \, d\kappa \\ &= \int_0^\tau \int_{\mathcal{D}} \int_{\mathbb{R}^3} [(\partial_t - \mathcal{L}_{\text{ham}}) h] z \, dU_\tau \, d\mu \\ &\quad + \int_0^\tau \int_{\mathcal{D}} \int_{\mathbb{R}^3} [(\text{Id} - \Pi_p) h] (\partial_t - \mathcal{L}_{\text{ham}}) z \, dU_\tau \, d\mu \\ &\leq \|(\partial_t - \mathcal{L}_{\text{ham}}) h\|_{L^2(U_\tau \otimes \nu, H^{-1}(\kappa))} \|z\|_{L^2(U_\tau \otimes \nu)} \|1\|_{H^1(\kappa)} \\ &\quad + \|(\text{Id} - \Pi_p) h\|_{L^2(U_\tau \otimes \mu)} \|(\partial_t - \mathcal{L}_{\text{ham}}) z\|_{L^2(U_\tau \otimes \mu)} \end{aligned}$$

for  $z \in H_{\text{DC}}^1(U_\tau \otimes \nu)$  with  $\|z\|_{H^1(U_\tau \otimes \nu)}^2 \leq 1$

(Dirichlet boundary conditions  $z(0) = z(\tau) = 0$  used for integration by parts in time)

Explicit expression for  $K_{\text{avg}}$  in terms of kinetic energy  $E_{\text{kin}}(p)$

## Poincaré–Lions inequality (1/2)

**Reduction to divergence equation:** for  $f \in L_0^2(\mathbf{U}_\tau \otimes \nu)$ , find a solution  $Z = (Z_0, Z_1, \dots, Z_d) \in H_{\text{DC}}^1(\mathbf{U}_\tau \otimes \nu)^{d+1}$  satisfying

$$-\partial_t Z_0 + \sum_{i=1}^d \partial_{q_i}^\star Z_i = f$$

with estimates  $\|Z\|_{H^1(\mathbf{U}_\tau \otimes \nu)} \leq C_\tau^{\text{div}} \|f\|_{L^2(\mathbf{U}_\tau \otimes \nu)}$

Beware the **boundary conditions in time** for  $Z$ !

Proceed by **duality** ( $f$  with average 0 w.r.t.  $\mathbf{U}_\tau \otimes \nu$ )

$$\begin{aligned}\|f\|_{L^2(\mathbf{U}_\tau \otimes \nu)}^2 &= \int_0^\tau \int_{\mathcal{D}} \left( -\partial_t Z_0 + \sum_{i=1}^d \partial_{q_i}^\star Z_i \right) f \, d\mathbf{U}_\tau \, d\nu \\ &= \langle \nabla_{t,q} f, Z \rangle_{H^{-1}(\mathbf{U}_\tau \otimes \nu), H_{\text{DC}}^1(\mathbf{U}_\tau \otimes \nu)} \\ &\leq C_\tau^{\text{div}} \|f\|_{L^2(\mathbf{U}_\tau \otimes \nu)} \|\nabla_{t,q} f\|_{H^{-1}(\mathbf{U}_\tau \otimes \nu)}\end{aligned}$$

## Poincaré–Lions inequality (2/2)

Decompose  $f$  in  $\mathcal{N}$  and its orthogonal, with  $L = (\nabla_q^* \nabla_q)^{1/2}$  and

$$\mathcal{N} = \left\{ e^{-tL} g_+ + e^{-(\tau-t)L} g_-, \quad g_+, g_- \in L_0^2(\nu) \right\}$$

By construction,  $(-\partial_t^2 + \nabla_q^* \nabla_q)g = 0$  for  $g \in \mathcal{N}$

**Explicit solution to divergence equation (non unique)**

$$Z = \nabla_{t,q} \mathcal{W}^{-1} \mathcal{P}_{\mathcal{N}^\perp} f + \begin{pmatrix} F_0(t, L) \\ \partial_{q_1} F_1(t, L) \\ \vdots \\ \partial_{q_d} F_1(t, L) \end{pmatrix} \mathcal{P}_{\mathcal{N},+} f + \begin{pmatrix} F_0(\tau - t, L) \\ \partial_{q_1} F_1(\tau - t, L) \\ \vdots \\ \partial_{q_d} F_1(\tau - t, L) \end{pmatrix} \mathcal{P}_{\mathcal{N},-} f$$

where  $\mathcal{W} = -\partial_t^2 + \nabla_q^* \nabla_q$  with Neumann BC in time, and

$$-\partial_t \underbrace{\left[ F_0(t, L) e^{-tL} \right]}_{P_0(e^{-tL})} + L^2 \underbrace{\left[ F_1(t, L) e^{-tL} \right]}_{P_1(e^{-tL})} = e^{-tL}$$

# Generalizations/perspectives

## These approaches work for other hypocoercive dynamics

- non-quadratic kinetic energies (but still Poincaré inequality)<sup>17</sup>
- weak confinements and/or heavy tail distributions of velocities<sup>18</sup>
- adaptive Langevin dynamics (additional Nosé–Hoover part)<sup>19</sup>
- linear Boltzmann (HMC)/piecewise deterministic Markov processes

Possibly stretched exponential or algebraic convergence rates

## Some work needed to extend the approaches to...

- more degeneracy: generalized Langevin,<sup>20</sup> chains of oscillators<sup>21</sup>
- non-gradient forcings (steady-state nonequilibrium dynamics)<sup>22</sup>

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<sup>17</sup>G. Stoltz and Z. Trstanova (2018)

<sup>18</sup>M. Grothaus and F.-Y. Wang (2019); E. Bouin, J. Dolbeault and L. Ziviani (2024);

G. Brigati, G. Stoltz, A. Wang and L. Wang (2024)

<sup>19</sup>B. Leimkuhler, M. Sachs and G. Stoltz (2020)

<sup>20</sup>Ottobre/Pavliotis (2011), Pavliotis/Stoltz/Vaes (2021), Brigati/Lörler/Wang (2024)

<sup>21</sup>A. Menegaki (2020)

<sup>22</sup>H. Dietert (2023), P. Monmarché (2025)